

Meet the Teacher

Year 4

Who works in the classroom?



Mrs Burek- Mon-Wed, until
Oct Half Term



Mrs Underdown – Mon -Fri



Miss Hunter- Wed-Friday



Miss Evans- Monday (Until
Oct Half)
November onwards
Mon- Wed

What does a day in Year 4 look like?

	Monday	Tuesday	Wednesday	Thursday ADJUST FOR PE TIMES	Friday
8.30-8.45	Soft Start and Fluency	Soft Start and Early Morning work	Soft Start and Early Morning work	Soft Start and Early Morning work	Soft Start and Fluency
8.50-9.10	Assembly	Reading	Reading	Reading	Reading
9.10-9.30	9.10-Spelling	Spelling	Spelling	Spelling	Spelling
9.30-10.30	English	English	English	English	English
10.30-10.45	BREAK	BREAK	BREAK	BREAK	BREAK
10.45-11	Going for gold/Arithmetic	Going for gold/Arithmetic	Going for gold/Arithmetic	Going for gold/Arithmetic	Going for gold/Arithmetic
11-12	Maths	Maths	Maths	Maths	Maths
12-1	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1-1.05	Mindful calming time	Mindful calming time	Mindful calming time	Mindful calming time	Mindful calming time
1.05-1.25	Handwriting Input Until 1.30	Handwriting Practise	Handwriting Practise	Handwriting Practise	Handwriting Practise
1.25-2.15	Hist/Geog	Music	RE	PE	PSHE
2.15-3	PE	2.15- 2.40- French	Computing	Science	2.15-2.40- Circle time
		2.40- Singing Assembly			2.40- Gold Assembly
3-3.15	Story time and home time	Story time and home time	Story time and home time	Story time and home time	Story time and home time

How do we communicate?

- Contact books – day-to-day communication
- Emails/ phone calls
- Newsletters
- Class Newsletters
- Class page on website

Who to speak to?

I have a question about....	Who you need to talk to
My child's learning/ behaviour/ classroom concerns	Your child's class teacher
Safeguarding	Designated or Deputy Safeguarding Leads: Mrs Vieira Mrs Tracey Ms Glenister Mr Jones
My child's wellbeing/ pastoral support	Your child's class teacher
Special Educational Needs (SEND)	SENCo
Payments/ School Trips/ Uniform/ Attendance and Absence requests/ Wraparound/ School Events/ School Information	School Office

Time Frames

A member of staff will contact parents on the same day of specific First Aid incidents and on the same day of specific classroom concerns

Staff will respond to emails and phone calls within 2 working days

If there is request for a meeting, one will be arranged with 5 working days

When is PE and Earth Class?

- **PE**- Monday and Thursday
- **Earth class**- Term 3 and Term 5
- **Earth Class Reminder**
- Pupils should wear clothes that they don't mind getting dirty and are appropriate for the weather. Wellies should be brought to school for every session so that pupils have footwear to change into when outside. During the winter, pupils should bring coats and warm clothing and during the summer. Except for extreme circumstances where communication will be made, pupils should wear long sleeve tops and bottoms for protection.

What are the homework expectations?

- Spelling/ phonics:

Year 3 and 4 spelling matt was sent home last Friday for the children to practice throughout the year.

- Reading

Please read at least 3 times a week with your child and fill in their reading record every time you read with them.

- Maths

Your child should be practising their timetables on TTRockstars, ideally 3x per week.

4 maths questions will be sent home every Wednesday.

- Theme

Home learning opportunities are detailed on the termly newsletter.

Homework is set on a Wednesday and due back the following Wednesday

What are the uniform expectations?

Our uniform consists of:

- White polo shirt - either plain or with the Sutton Valence Primary school logo
- Forest green school jumper or cardigan - either plain or with the Sutton Valence Primary school logo (jumpers with brand logos are not permitted)
- Black or grey trousers or skirts for winter
- Black or grey shorts or green chequered dress for summer
- White, grey or black plain socks or tights
- A peaked cap for summer protection (sunglasses are not permitted)

Footwear

- Black flat sensible, safe shoes with good grip on the sole. Alternatively, smart, black trainers with no white or coloured flashes or patterns. Bright coloured laces are not permitted. Shoes with open toes are not permitted in the summer.

Make-up and Jewellery

- No make-up is to be worn to school (this includes nail polish)
- It is encouraged that pupils do not wear jewellery to school, especially as individuals become very upset if a treasured piece of jewellery goes missing or is damaged. The only acceptable items of jewellery permitted are small studs for pierced ears and sensible watches. Please note that school will be unable to take any responsibility for any jewellery/ watches lost or damaged.

Hair

- Hair longer than shoulder length must be tied up neatly at all times using plain hair accessories.
- No decorative or brightly coloured hair accessories are permitted.
- Hair should be clean, tidy, and off the face.
- Extreme hairstyles, such as shaved patterns or unnatural colours, are not allowed.

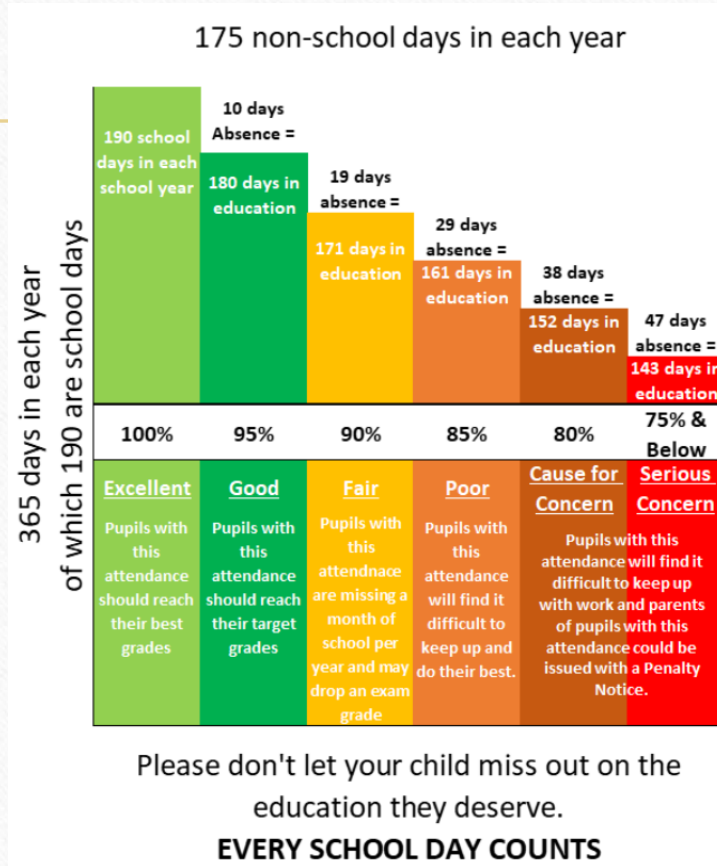
PE Kit

- White or house colour T-shirt
- Black or grey tracksuit bottoms or shorts
- Trainers/ black plimsolls
- School jumper/hoodie or plain black/grey jumper/hoodie
- Swimming: swimming costume/ trunks/ towel/ swimming hat for long hair

What does my child need to bring in to school every day?

- Water bottle
- Contact book
- Reading record
- Hat if hot
- Packed lunch if needed

Attendance – why is it important?



Did you know?

When children attend school they:

- Can achieve their full potential
- Have better career prospects
- Learn how to look after themselves
- Learn how to be healthy
- Grow in confidence
- Keep up with work and homework
- Make new friends

A two-week holiday in term-time means the **highest** attendance your child can get is **94.7%**. This is 65 hours of missed school time.

100 Things to do Before Leaving Sutton Valence

The challenge (should you choose to accept it...)

We challenge each child to experience the 100 totally awesome activities on our bucket list before you leave Sutton Valence Primary School. These activities will support them in becoming resilient and confident, and hopefully give them a head start for your next steps after primary school. Whether they're creative, crafty or an active explorer there are sure to be activities included that are fun for all!



100 Things to do Before Leaving Sutton Valence

Reminder that we strongly encourage children to take on the challenges and engage with these outside of school. Too much focus is on academics and these core childhood activities can be missed.

Stickers and tokens will be given out each week on Friday.

If you have lost your book please speak to the office about getting a new one.



Lunches



Love your packed lunch!

Create a healthier packed lunch by choosing foods from the 5 main food groups below:



1 Starchy Carbohydrates

to re-fuel your body

Base your lunchbox on starchy carbohydrates.

Choose ONE EVERY DAY from:

- ✓ Bread, rolls, bagels, wraps, pitta or baguettes
- ✓ Pasta
- ✓ Couscous
- ✓ Noodles
- ✓ Potatoes



2 Fruit and Vegetables

to keep you healthy

Pack one portion of fruit and one portion of veg every day

Choose TWO EVERY DAY from:

- ✓ Apple, banana, pear, orange, plums
- ✓ Small pot of mixed berries or grapes
- ✓ Prepared melon or mango
- ✓ Chopped vegetable sticks: carrots, cucumber, pepper, celery, mange tout, mini corn
- ✓ Salad vegetables
- ✓ Vegetable Soup



3 Dairy and Alternatives

for healthy teeth and bones

Don't forget the dairy!

Choose ONE EVERY DAY from:

- ✓ Milk
- ✓ Cheese - hard cheese, soft cheese, cheese spread
- ✓ Yoghurt or Fromage Frais
- ✓ Custard



4 Protein Foods

for growth and repair

Pack a protein punch!

Choose ONE EVERY DAY from:

- ✓ Meat
- ✓ Fish
- ✓ Eggs
- ✓ Non-dairy protein e.g. lentils, chick peas, beans

Keep processed meat to a minimum

Choose oily fish like salmon once every 3 weeks



5 Drinks

to rehydrate your body

- ✓ A large glass of water
- ✓ Semi skimmed milk - or skimmed milk for children over 5 years.
- ✓ 150ml of fresh unsweetened fruit juice/smoothie



Occasionally!

Meat products such as sausage rolls, pies, sausages

Plain cakes/sponges and biscuits of appropriate portion sizes



For more healthy packed lunch ideas and recipes visit www.phunkyfoods.co.uk/recipes

www.phunkyfoods.co.uk

As a reminder, please **do not** include:

- Nuts or any products that may contain nuts
- Chocolate/chocolate spread or chocolate chips
- Sweets
- Fizzy drinks

A choice of only **one** of the following per day if at all:

- Cake or cake bar
- Packet of crisps
- Biscuits

After School Clubs

- We have a range of after school clubs on offer – some are organised by outside companies and some are led by members of staff
- To see what clubs are on offer and how to book them, please see our school website. You will find the page under the community tab.
- Each term a PING will be sent out enabling you to book onto clubs.



PTFA – can you help?

The PTFA are an integral part of the school community. Without them, the children wouldn't have the opportunity to take part in events such as school discos, creating gifts for Mother's Day and Father's Day or Easter Egg Hunts to name but a few. Parents wouldn't be able to attend Bingo Nights and the whole school community wouldn't be able to attend events such as the Christmas craft night or Summer Fair. These are all organised by the PTFA and always enjoyed by all those that attend.

The money that they raise through all the events goes back into supporting the school and most importantly the children. Over the last few years, we have been able to update the smartboards in all the classrooms, changing the play equipment on the school field and Year 6 leavers hoodies in addition to all the other extras they are able to offer for the children.

The PTFA can only continue to organise these events and contribute to the school if they have parent volunteers to help support at the events. So if you are able to support in any way this year, please let the PTFA know.

Pleased to share that the new Chair of the PTFA is Kerry Perkins